EVENT DESCRIPTION SHEET

PROJECT				
Project name and acronym:		InclusEU: Volunteer Action as a social response for an inclusive Europe.		
Participant:		Ajuntament of Rafelbunyol		
PIC number:		917832140		
EVENT DESCRIPTION				
Event number:	1			
Event name:	INITIAL MEETING VOLUNTEERING NEEDS ACTIVE YOUTH			
Type:	Conference, debate and workshop			
In situ/online:	In situ - online			
Location:	Rafelbunyol, Spain			
Date(s):	9/03/2023 - 12/03/2023			
Website(s) (if any):	http://incluseu.es/			
Participants				
Female:	63			
Male:	40			
Non-binary:	0			
From country 1 [Spain]:	87			
From country 2 [Italy]:	3			

From country 3 [The Netherlands]:	3			
From country 4 [Romania]				
From country 5 [Poland]				
From country 6 [Ireland]				
From country 7 [Portugal]	2			
Total number of participants:	103	From total number of countries:	8	
Description Provide a short description of the event and its activities.				

PARTNER ORGANIZATIONS ATTENDING THE MEETING:

- 1. Rafelbunyol City Council (Spain)
- 2. Szubjektív Értékek Alapítvány (SVF) Subjective Values Foundation (Hungary)
- 3. Fingal City Council (Ireland)
- 4. Associação Juvenil de Deão AJD (Portugal)
- 5. Asociatia Centrul de Educatie Formare Profesionala si Sindicala (USLIP) (Romania)
- 6. Rzeszowska Agencja Rozwoju Regionalnego Spolka Akcyjna (Poland)
- 7. Associazione Inco (Italy)
- 8. Heerlen City Council (Netherlands)

INTRODUCTION

The first Inclus EU event served as a platform to not only advance the project's European activities but also to establish the framework for future events, activities, and actions of the consortium. Inclus EU focuses on fostering inclusive and cohesive European societies by enhancing transnational knowledge sharing and cooperation between local and regional authorities in various EU countries, including, Italy, the Netherlands, Romania, Poland, Portugal, Ireland and Spain. The project emphasizes on the promotion of voluntarism and

civil society as a tool to improve the Mental health of our young, which means solidarity to overcome difficulties in challenging times.

OBJECTIVES OF THE MEETING:

- Assimilate and understand the project's outcomes, network members, work methodology, and expected results.
- Gain a better understanding of the COVID-19 crisis and its social effects in Europe, and how volunteering has responded to these effects.
- Increase youth activeness regarding solidarity to achieve a more tolerant and inclusive Europe.

Implementation of Gender Perspective:

In this first event, we have opened the analysis about were going to introduce the Gender perspective through all the stages of the project. Some of the agreement taking into account in the previous online meeting before the Rafelbunyol event, and were ratified in the Coordination meeting in person were:

The promotion and empowering underrepresented groups, particularly women and gender minorities. By including diverse voices in decision-making processes, we ensured that the interventions were inclusive and responsive to the varied experiences of all participants. This was accomplished by the number of the event, specially in the diversification of speakers and audience regarding: gender, age or backround. It's also remarkable by attending the local association which has an important women senior representation.

Implementing gender-sensitive data collection methods, ensuring that the perspectives of both men and women were equally represented in the project's findings. This allowed us to track and assess the impacts of the actions from a gendered lens, and adjust strategies when necessary to avoid reinforcing existing inequalities.

All the presentations, and speakers have to have a gender balance, this helps us allow more public space for Associations, actions and projects lead by women as we will be described in the activities below.

Ethical Considerations in Implementation:

Established a robust framework for ethical decision-making, ensuring that all actions taken aligned with the highest standards of integrity, respect, and transparency and values defined in the Charter fFundamental Rights of the European Union.

We provided clear communication about the project's goals to all the participants, methods, and expected outcomes to foster trust and promote informed consent at all future stages. The Youth groups involved were free to enter and leave the project, although were informed of their rights and duties.

In addition, we took proactive measures during the first in person meeting in the event, to ensure that the project did not inadvertently perpetuate discrimination or harm any of the stakeholders, particularly those from vulnerable or groups that suffer more discrimination.

We conducted regular ethical reviews and risk assessments to identify potential areas of concern, which allowed us to adjust our approach when necessary. Furthermore, safeguarding mechanisms were put in place to protect participants' privacy and confidentiality, and all data was handled responsibly in accordance with ethical standards.

For this matter, we decided to organize extraordinary online meetings to follow up this matter as well as special online sessions with the young people involved.

YOUTH GROUP RAFELBUNYOL

The Rafelbunyol Council has made an extraordinary effort, configuring a group of 36 young people that have been involved in the project as an extraordinary impact.

The selection of the group has been made in connection with social services, the Youth Department and also the Music School of Rafelbunyol. In the first event the Pilot group participated in the two days of the event, but also:

- 1) The group has been trained and informed about European Union Opportunities, values and challenges.
- 2) The Young group will participate with Council funds in the different mobilities of the Inclus EU, with the approach "Talking about youth, with them".
- 3) The group had to sign a letter of commitment, data and image protection.
- 4) The group is committed to be part of the online workshops fostering connections with youth groups from other countries.
- 5) Preparation for the first event







For their training different materials, presentations and dossier were prepared and it will be attached to this document.



INCLUSEU

L'Acció Voluntària com a resposta social per a una Europa inclusiva







Date:9/03/2023

Activity: Reception of the participants by the Mayor

Methodology: Exhibition, Presentation.

Previously to the starting of the official activities all the participants had an official reception by the The event in Rafelbunyol featured a welcoming ceremony led by Mayor Francisco Alberto López López, followed by a Regional Welcoming Show at the Casa de Cultura's assembly hall. The local School of Traditional Dances and Singing, one of the town's prominent associations, played a significant role in the event, involving the participants in the idea of the importance of local associations in the cohesion of the town.

In his speech, Mayor López López emphasized the vital importance of local associations and NGOs in fostering community cohesion. He particularly highlighted their crucial role during the COVID-19 pandemic, recognizing their contributions to the town's resilience and unity.

Mayor Francisco López López, is the Mayor of Rafelbunyol since 2015 and the President President of the Mancomunidad de l'Horta Nord since 2023 (Horta North County, the agrupation of 10 towns in the metropolitan area of Valencia city).

This event underscores the mayor's commitment to community engagement from an European approach and his recognition of the vital role played by local organizations in Rafelbunyol's social network.





PROJECT OPENING DAY -10/03/2023

Activity: Local, Regional and European Union Authorities and partners delegations Opening. (T.1.1. part 1)
Speakers:

- -Mayor of Rafelbunyol, Francisco Alberto López López
- Joan Calabuig Rull, Regional Secretary for European Union and External Relations
- Ana Domínguez Cana, Director for Relations with the Valencian Parliament.
- -Representatives of partners delegations:
 - Asociatia Centrul de Educatie Formare Profesionala Si Sindicala (Romania)
 - Herlen City Council (Netherlands)
 - Rzeszowska Agencja Rozwoju Regionalnego Spolka Akcyjna (Poland)
 - Fingal City Council (Ireland)
 - Subjective Values Foundation (Hungary)
 - Associação Juvenil de Deao AJD (Portugal)
 - Associazione INCO (Italy)

Methodology: Expository, city /partners presentations with Power Point

Description:

The event opened with a speech by the Mayor of Rafelbunyol at the assembly hall of Casa de la Cultura in Rafelbunyol, followed by speeches from invited authorities: Joan Calabuig Rull, Regional Secretary for the European Union and External Relations, and Ana Domínguez Cana, Director for Relations with the Valencian Parliament.

The authorities' openings were followed up by the presentations done by coordinators from each participating country, introducing their entity and city, emphasizing their needs and expectations for the following 24 months. They could also make an overview of the cities

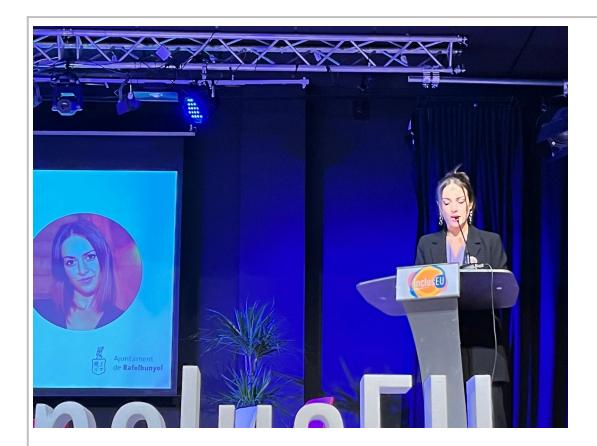
and countries. After that the Cooperation agreement was signed.

The Inclus EU project had a relevant opening with a significant presence of political authorities at all levels. At the local level, it was attended by all thirteen councillors who conformed to the city council, as well as representatives from the autonomous region and the European Union.

This event demonstrates the project's importance and the broad political support it has garnered across different tiers of government. The presence of local, regional, and European officials suggests that the Inclus EU initiative likely addresses issues of widespread concern.

The involvement of the entire city council indicates strong local backing for the project, while the attendance of autonomous and European representatives points to its relevance beyond the immediate community. This multi-level political engagement could potentially facilitate better coordination and resource allocation for the project's implementation.





Activity: Conference by Rafael Tabarés-Seisdedos, Mental Health Commissioner of the Presidency of the Generalitat in the Valencian Government, "Mental Health, Youth and Wellbeing after Covid 19: Situation and good practices" (T.1.3. part 1)

Speaker: Rafael Tabarés-Seisdedos, Mental Health Commissioner of the Presidency of the Generalitat in the Valencian Government

Methodology: Kahoot, expository, data fact checking,

Description: During the conference of the important professor, who has spent half his life researching mental health, he presented data on the state of mental health before the pandemic and now. He expressed his concern about whether it is true that we now seem to normalise talking about it, but how long this concern will last, and what public investment will be made in this area.

He used current stats and an interactive kahoot to interact with the audience, specially with the Youth Group involved.

Article published in the Regional Government website <a href="https://comissionatsalutmental.gva.es/es/comissionat-de-salut-mental/-/asset_publisher/0YMcxql6Dryl/content/rafael-tabares-en-%E2%80%98incluseu%E2%80%99-%E2%80%9Cel-gran-cambio-con-la-pandemia-es-que-los-problemas-mentales-se-han-puesto-en-el-centro-de-la-agenda-ciudadana-politica-

Activity: Talk "Town Solidarity Awards" (T.1.3.part 2) Speakers:

Blanca Lucas Pedro, ALEC (Rafelbunyol Traders Association) Vicent Piquer Pascual ALEC (Rafelbunyol Traders Association) Oscar Magraner Rosa Civilian Protection Corps Coordinador

Methodology: Audiovisual and round table

This activity completed the topic connecting the project with the situation that faced local

traders during the lockdown, who were important actors as volunteers to help the people in need in the difficulties that faced the municipality in March 2020. The Council developed a video about those volunteers that were serving the community during the Covid 2019, involving the association of traders ALEC, and Civilian Protection Corps who after the exhibition of the video, that is also published in the Inclus eu website participated in the Round table sharing their experience of volunteering during the lockdown.

The Round table finished with the explanation of the town solidarity Awards, an initiative created after the Covid experience with volunteers to recognize the importance of volunteerism to overcome difficult times, as well as how helping others was also a tool for volunteers to protect their mental health.

Activity: Round table "Digital gap, Youth and Covid-19" (T.1.2)

Speakers: Maria Muñoz Branco, Director of Digital Gap Area in the Valencian Government; Rosa Azor Lozano, Councillor of Youth and Children, Education, Training and Public Health; Blanca Martínez García, Volunteer Therapist of Rafelbunyol during the Covid Situation.

Methodology:Expository methodology with presentations and question-and-answer arguments.

During this panel, experts or individuals with different perspectives on the impact on the population, especially the youth, were present. On one hand, at the institutional level, the Councillor for Youth explained the measures taken by the local government during co-financing, particularly in terms of youth services, and especially for individuals with disabilities. The municipal psychologist also shared the impacts she has observed during and after the lockdown on the youth in the municipality, caused by confinement, the lack of social relationships, and the overuse of technology, among other factors.

Lastly, at the institutional level, the digital gap had a very negative impact on families or individuals with lower socioeconomic status. Particularly in education, it became an additional obstacle to socioeconomic and educational segregation. This led to situations such as a lack of devices, lack of internet access, and so on. The local council addressed these issues by providing portable devices for families in need. However, this was a material policy, and therefore, it was emphasised during the Round Table that the digital gap is much more than just having devices or internet access; it's about having the proper skills to use them effectively and responsibly.

DAY 2 EVENT 11/3/2023

Activity: Conference: "Solidarity and Diversity towards Covid19". (T.1.3) Speakers:

Clara Gonzálvez Meseguer, Coordinator of the International Mobility Area of INJUVE (Spanish Institute of Youth)

Miguel Salvador, President of the Volunteering Network of the

Valencian Region

Francisco Mas Soldado, Technical Coordinator of the Youth departement in the Valencian Red Cross and Antonio Casañez Ventura, Regional Head of Organizational Development Department in the Spanish Red Cross,

Clara Campos Cruz, Cáritas NGO Representative

Methodology: Presentations, interactive, Open question to the audience **Description:**

The conference on "Solidarity and Diversity towards Covid-19" focused on how the pandemic impacted European volunteering services, particularly through the European

Erasmus+ and ESC programmes. The speakers highlighted several key points: the number of volunteer applications and approved projects saw a significant decline starting in 2020, though this recovered by 2022. Projects became more localized rather than transnational, with a greater emphasis placed on the well-being of volunteers. Additionally, there was a shift towards hybrid volunteer models and an increased sensitivity to issues such as inclusion and the mental health of young people. Caritas presented the challenges faced post-COVID, notably the rise in job precarity, with one-third of households experiencing unemployment, leading to financial instability for many. The Spanish Red Cross also highlighted the surge in volunteer action, especially among younger populations, during crises like the Aquarius ship disembarkation in 2018, Afghan refugee support in 2021, and Ukrainian refugee assistance in 2022. This showcased a strong solidarity movement within Spain and the Valencian Community, where young people, particularly those aged 20-34, played a key role in providing aid and support during these emergencies.





Activity: Presentation of solidarity initiatives that exemplify the good practices of young people at Covid-19

Speakers: "Lucha constante group" Rafelbunyol Youth group in the JOVES EN MARXA Committee (Consell Valencià de la Joventut) & Presentation of CLIA (Local Committee for Childhood and Adolescence)

Descriptions:

During this activity we could listen to the own voice of young people, their implications during the pandemic time and also how they feel they are and they would like to contribute to society helping others.



Activity: Panel discussion: "Covid-19 and its social effects in Europe, how volunteering has reacted in order to face those effects" and with all the participants of the morning sessions **Participants:** All the speakers and participants from the morning

Description: All the participants had the opportunity to collaborate in a brainstorming session, where they reflected on the key learnings, raised questions, and discussed new ideas that emerged from the various sessions presented throughout the conference.

The day ended with the Project Coordinator Meeting, marking the Kick-Off for the InclusEU project. The Project Coordinator outlined the main activities and expected outcomes for each Work Package. During the meeting, the dates for upcoming events were confirmed: Hungary from May 18 to 21, and Ireland from September 28 to October 1. The tools and strategies to enhance the project's efficiency, particularly focusing on inclusion and gender measures, were also discussed.

Additionally, several partners highlighted the need for changes to the original agreement regarding dates and topics, which were subsequently reported to the officer through the platform. It was proposed to hold online meetings before each event to ensure everything was in place and to involve young people from each organization actively in the events. The consortium unanimously agreed on the importance of engaging young people, especially those from vulnerable groups, in the project, including mobilities and various transversal activities related to promoting European youth opportunities, raising awareness about mental health, and fostering solidarity.



The coordination session took place, where the main characteristics of the INCLUSEU project, the different products that will be developed in the different periods of the project, the work packages, the project model, the project objectives, the work packages, the funding model and the communication plan were explained.

Partners debated about the project calendar of Wps, and they confirmed the following dates:

- Rafelbunyol City Council (Spain) 9/03/2023 until 12/03/2023
- Szubjektív Értékek Alapítvány (SVF) Subjective Values Foundation (Hungary) - 18/05/23 until 21/05/23
- Fingal City Council (Ireland) 28/09/23 until 1/10/23
- Associação Juvenil de Deão AJD (Portugal)
- Asociatia Centrul de Educatie Formare Profesionala si Sindicala (USLIP) (Romania)
- Rzeszowska Agencja Rozwoju Regionalnego Spolka Akcyjna (Poland)
- Associazione Inco (Italy)
- Herlen City Council (Netherlands)

The calendar had some changes in relation to the grant agreement after discussion between the partners about their availability to organise their international events (WP). All these dates were agreed by the participants of the meeting.

The partners discussed the doubts in the internal cooperation agreement signed by all partners with the Lead Partner. All partners brought original copies of the document and signed by the Mayor of Rafelbunyol. After this, the municipality of Rafelbunyol will proceed with the first payment of the pre-financing of the project.

COMMUNICATION PLAN:

Internal Communication

- It was agreed among all partner organizations that informal communications will be foreseen through the WhatsApp group to share photos/videos or exchange words in an informal way among the rest of the partners.
- It was agreed among all partner organizations that formal communications will be done through email exchanges, where partners will be informed about the following events, products or deliverables, material sent by partners (Agenda, Infopack) and any other kind of information relevant to the INCLUS EU proposal. For this purpose, the INCLUSEU project will have a contact list that will be updated by each project partner.
- The partners agreed that a google drive folder will be created to share relevant information of the project.
- The communication department of the Rafelbunyol City Council created the logo that
- Every Partner had to contribute to five feedback to the communication plan that will be released; some of the ideas will be to have:
 - 1 Post from each partner in every event
 - Recording interviews for the final video in every event
 - At least one article should be released from every event on the official website.

DISSEMINATION AND EVALUATION

• ARTICLES IN LOCAL PRESS AND REGIONAL PRESS



EPDA » L'H. Nord » Canet d'En Berenguer

RAFELBUNYOL

Rafelbunyol lidera el proyecto europeo 'InclusEU' que incluye a 8 ciudades europeas

Este proyecto se centrará en el intercambio de experiencias, el diálogo intercultural, el debate y la reflexión conjunta

REDACCIÓN - 12/01/2023



Reunión sobre el proyecto

El Ayuntamiento de Rafelbunyol es el lider de 'Incluseu', un proyecto europeo destinado a la juventud, de coorperación entre 8 ciudades europeas.

LEVANTE REGIONAL NEWSPAPER



PUBLICIDAD



Primera reunión del proyecto europeo en Rafelbunyol / A.R.

L'HORTA NORD

Rafelbunyol lidera el proyecto europeo "InclusEU" que incluye a 8 ciudades europeas

El ayuntamiento es el líder de la iniciativa destinada a la juventud y a las consecuencias de la pandemia en este sector poblacional

VALENCIA EXTRA

https://www.valenciaextra.com/es/c/horta-nord/rafelbunyol/concluye-con-exito-encuentro-incluseu-en-rafelbunyol_520397_102.htm |

Comissionat de Salut Mental de la Generalitat Valenciana

https://comissionatsalutmental.gva.es/es/novetats/-/asset_publisher/0YMcxql6Dryl/content/rafael-tabares-en-%E2%80%98incluseu%E2%80%99-%E2%80%9Cel-gran-cambio-con-lapandemia-es-que-los-problemas-mentales-se-han-puesto-en-el-centro-de-la-agenda-ciudadana-politica-?redirect=https%3A%2F%2Fcomissionatsalutmental.gva.es%2Fes%2Fnovetats%3Fp_p_id%3D101_INSTANCE_0YMcxql6Dryl%26p_p_lifecycle%3D0%26p_p_state%3Dnormal%26p_p_mode%3Dview%26p_p_col_id%3Dcolumn-1%26p_p_col_count%3D1

El Meridiano: https://www.elmeridiano.es/la-juventud-de-rafelbunyol-viajara-a-europa-con-el-proyecto-incluseu/

El Periódic

https://www.elperiodic.com/val/rafelbunyol/conclou-exit-encontre-incluseu-

rafelbunyol 889193

EVALUATION

The event has been evaluated in different ways, the last day we had a session in common using the body methodology (brain "what be learnt", mouth "what we will share, hands "which tools, new abilities or knowledge I'm able to use)

Moreover, a google form survey has been sent to the participants. The satisfaction was really high, although it was recommended to give some breaks in the following event due to the cultural activities also included apart from the main ones.

The Panel discussion with experts: "COVID19 and its social effects in Europe, how volunteering has reacted in order to face those effects" was the activity most valued regarding the official milestones.

Some of the comments have been taking into considerations for the future events and also to improve the quality of the results:

"You did a fantastic job!!! A less packed program on the first day would have given some space. Absolutely love the connection with the youngsters and the discussion on the 2nd day."

Overall, it was a very well-organized and commendable series of events. We saw a very good community during the project meeting. The presentations were useful, the sound was not perfect during some presentations, but everything was pretty much understandable".

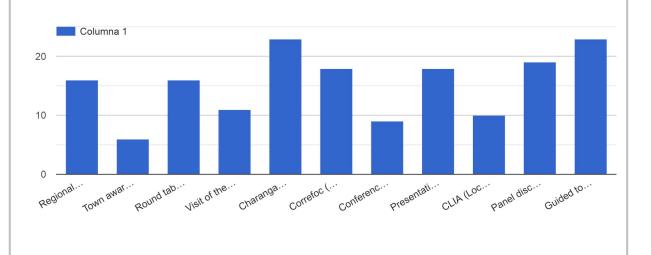
We hope we can hold such a good meeting in Budapest as well:)"

"Overall It was a very good event. Compliments"

Great job! Thank you.

" You did a fantastic job!!! A less packed program on the first day would have given some space. Absolutely love the connection with the youngsters and the discussion on the 2nd day. Absolutely brilliant and well organised trip/seminar from start to finish. A very minor constructive critique would be an hour or two 'downtime' before evening activities and more partner interactive activities but overall in terms of discussions, ideas, organisation and fun activities-top marks & fair play to everyone involved including the young volunteers! Thank You, it was a brilliant weekend."

See below, a list of activities that were offered. Please indicate the ones you liked more.



OTHER CULTURAL ACTIVITIES

During the event the participants could also discover part of the cultural inheritage of the territori; visiting Trinquet Court and playing the old sport Pilota Valenciana, involving young players in line with the importance of the participation of the Youth.

In the evening, different cultural and music societies accompanied all the participants, promoting the importance of local traditions, especially music education in the region. (Music Society Primitiva de Rafelbunyol, La Falla El Tabalet, Sant Antoni Association and Colla l'Andana, local music group).









HISTORY OF CHANGES				
VERSION	PUBLICATION DATE	CHANGE		
2.0	05.11.2024	Amendment		